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# Camino Pro Bettermilk 15 Original

## Food for special medical purposes (FSMP)

For the dietary management of phenylketonuria (PKU). BetterMilk with Glytactin is a great tasting metabolic formula. Each serving of BetterMilk contains 15 grams of Glytactin protein, blend of GMP and essential amino acids. BetterMilk is an incredibly versatile product that can be taken as a formula or incorporated into a recipe. Excellent source of DHA. One serving provides 32 mg of DHA Omega-3 Fatty acids. Probiotic cultures to support digestive health.

## Important notice

Must be administered under medical supervision only. Not suitable for use as a sole source of nourishment. Protein in prescribed amounts must be supplemented to completely meet phenylalanine requirements. For enteral use only. Suitable for individuals with PKU over 1 year of age.

## Directions for use

Use as directed by a physician.  
Fill a shaker cup to the 120 mL mark with cold water (add more or less water to suit your taste). Open packet at tear guide and pour into cup. Shake or stir until completely dissolved. (Will make about 170 mL total liquid.) Drink completely.

Store in a cool, dry place.

## Ingredients

Glycomacropeptide (milk), trehalose, sunflower oil powder (sunflower oil, maltodextrin), erythritol, vitamin blend (calcium lactate, tricalcium phosphate, dipotassium phosphate, sodium chloride, magnesium phosphate, choline bitartrate, ascorbic acid, inositol, ferrous sulphate, niacinamide, zinc oxide, D-calcium pantothenate, vitamin B6 pyridoxine, manganese sulphate, riboflavin, thiamin mononitrate, copper gluconate, folic acid, potassium iodide, sodium selenite, vitamin K 1 phytonadione, sodium molybdate, chromium chloride, biotin, vitamin B12 cyanocobalamin, vitamin A palmitate, vitamin D3 cholecalciferol, vitamin E tocopheryl acetate), L-leucine, natural and artificial flavours, L-tyrosine, L-arginine, L-histidine, DHA algal oil (sodium caseinate [milk], soy protein, soy lecithin), L-tryptophan, L-methionine, Bacillus coagulans GBI-30 6086 in skim milk powder. Contains milk and soy.

## Product of USA

Proudly distributed by Cortex Health Pty Ltd  
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SKU 35001

NET WEIGHT 1.5kg

SERVING SIZE 49g

SERVINGS PER PACKAGE 30

OSMOLALITY, mOsm/kg: 337

pH 6.6

Nutrients	49g	100g
Energy, kcal	160	327
Energy, kJ	669	1366
Protein Equivalent, g	15	31
Carbohydrates, g	23	47
Sugar, g	9.0	18
Sugar Alcohols, g	7.0	14
Salt, g	0.8	1.5
Fibre, g	0	0
Fat, g	4.5	9.2
Saturated Fat, g	0.5	1.0
Trans Fat, g	0	0
DHA, mg	32	65
Cholesterol, mg	0	0
Vitamin A, mcg RAE	202	412
Vitamin C, mg	24	49
Vitamin D, mcg	3.4	6.9
Vitamin E, mg -TE	2.3	4.7
Vitamin K1, mcg	22	46
Vitamin K2 (MK-7), mcg		
Thiamin (B1), mg	0.3	0.6
Riboflavin (B2), mg	0.5	1.0
Niacin (B3), mg	4.5	9.2
Vitamin B6, mg	0.4	0.8
Folic acid, mcg	134	274
Vitamin B12, mcg	1.2	2.4
Pantothenic Acid (B5), mg	1.5	3.1
Biotin, mcg	9.0	18
Choline, mg	134	274
Calcium, mg	400	816
Chromium, mcg	9.7	20
Copper, mg	0.2	0.4
Iodine, mcg	45	91
Iron, mg	4.5	9.2
Magnesium, mg	105	214
Manganese, mg	0.5	1.0
Molybdenum, mcg	12	24
Phosphorus, mg	245	500
Selenium, mcg	18	37
Zinc, mg	2.8	5.7
Potassium, mg	480	980
Sodium, mg	300	612
Chloride, mg	221	451
Inositol, mg	15	31
L-alanine, mg	610	1245
L-arginine, mg	1300	2653
L-aspartate, mg	890	1816
L-asparagine, mg		
L-carnitine, mg		
L-cysteine, mg	10	20
L-glutamate, mg	1900	3878
L-glycine, mg	110	224
L-histidine, mg	380	776
L-isoleucine, mg	1094	2233
L-leucine, mg	2890	5898
L-lysine, mg	620	1265
L-methionine, mg	230	469
L-phenylalanine, mg	23	47
L-proline, mg	1200	2449
L-serine, mg	660	1347
L-taurine, mg	30	61
L-threonine, mg	1710	3490
L-tryptophan, mg	220	449
L-tyrosine, mg	1340	2735
L-valine, mg	904	1845